If someone is unconscious, follow these steps:

1. Check patient for response.

2. Open airway and check for normal breathing.

3. Call Emergency Services and get (or send someone to get) the AED.

4. Give 30 compressions, then give two breaths. Repeat cycle until AED arrives, victim moves, or trained rescuers arrive.

5. Open lid completely (to turn on the AED) and follow instructions.
Did you know? Thirteen percent of all workplace fatalities result from sudden cardiac arrest (SCA).¹

Since the only effective treatment for SCA is shock from a defibrillator, we deployed automated external defibrillators (AED) throughout the building to protect our employees, customers, business associates, and guests.

A defibrillator is a safe and effective device most anyone can use. It delivers an electric shock to help restore a victim’s normal heart rhythm. Today’s defibrillators do most of the work for you – you only need to open the lid and to follow the voice-prompted instructions.

It’s virtually impossible to resuscitate a patient ten minutes after SCA hits.² Every second counts to give the victim the best chance to survive and lead a normal life.

So take a moment now and find the nearest AED, located where you see the green symbol above. And thank you for being an active member of our heartsafe community.

1. Occupational Safety and Health Administration OSHA 3174
2. www.americanheart.org/presenter.jhtml?identifier=4741